# **Delicious and Easy Bread Machine Recipes!**

# **100% Whole Wheat Bread**

Makes 1 loaf

#### Ingredients

#### 16 slice bread (2 pounds)

- 1¼ cups lukewarm water
- 2 tablespoons vegetable oil or olive oil
- <sup>1</sup>/<sub>4</sub> cup honey or maple syrup
- 1<sup>1</sup>/<sub>2</sub> teaspoons table salt
- 3<sup>1</sup>/<sub>2</sub> cups whole wheat flour
- 1/4 cup sesame, sunflower, or flax seeds (optional)
- 1<sup>1</sup>/<sub>2</sub> teaspoons bread machine yeast

#### 12 slice bread (1½ pounds)

- 1 cup lukewarm water
- 1½ tablespoons vegetable oil or olive oil
- 3 tablespoons honey or maple syrup
- 1 teaspoon table salt
- 2<sup>2</sup>/<sub>3</sub> cups whole wheat flour
- 3 tablespoons sesame, sunflower, or flax seeds (optional)
- 1 teaspoon bread machine yeast

#### Directions

- 1. Choose the size of loaf you would like to make and measure your ingredients.
- 2. Add the ingredients to the bread pan in the order listed above.
- 3. Place the pan in the bread machine and close the lid.
- 4. Turn on the bread maker. Select the Whole Wheat/Wholegrain setting, then the loaf size, and finally the crust color. Start the cycle.
- 5. When the cycle is finished, and the bread is baked, carefully remove the pan from the machine. Use a potholder as the handle will be very hot. Let rest for a few minutes.
- 6. Remove the bread from the pan and allow to cool on a wire rack for at least 10 minutes before slicing.

#### Nutrition per slice

Calories 147, fat 5.8 g, carbs 22.1 g, sodium 138 mg, protein 3.4 g

# **Classic Sourdough Bread**

Makes 1 loaf

#### Ingredients

Sourdough Starter

- 2 cups lukewarm water
- 2 cups all-purpose flour
- 2<sup>1</sup>/<sub>2</sub> teaspoons bread machine yeast

#### 16 slice bread (2 pounds)

- 2<sup>2</sup>/<sub>3</sub> tablespoons lukewarm water
- 2<sup>2</sup>/<sub>3</sub> cups sourdough starter
- 2<sup>2</sup>/<sub>3</sub> tablespoons unsalted butter, melted
- 2<sup>2</sup>/<sub>3</sub> teaspoons sugar
- 2 teaspoons salt
- 3<sup>1</sup>/<sub>3</sub> cups white bread flour
- 2 teaspoons bread machine yeast

12 slice bread (1½ pounds)

- 2 tablespoons lukewarm water
- 2 cups sourdough starter
- 2 tablespoons unsalted butter, melted
- 2 teaspoons sugar
- 1<sup>1</sup>/<sub>2</sub> teaspoons salt
- 21/2 cups white bread flour
- 1<sup>1</sup>/<sub>2</sub> teaspoons bread machine yeast

## Directions

Starter

- 1. Add the water, flour, and yeast to a medium-size non-metallic bowl. Mix well until no lumps are visible.
- 2. Cover the bowl loosely and leave it in a warm area of your kitchen for 5–8 days. Do not place in a fridge or under direct sunlight.
- 3. Stir the mixture several times every day. Always put the cover back on the bowl afterward.
- 4. The starter is ready to use when it appears bubbly and has a sour smell.

## Sourdough Bread

- 1. Choose the size of loaf you would like to make and measure your ingredients.
- 2. Add the ingredients to the bread pan in the order listed above.
- 3. Place the pan in the bread machine and close the lid.
- 4. Turn on the bread maker. Select the White/Basic setting, then the loaf size, and finally the crust color. Start the cycle.

- 5. When the cycle is finished and the bread is baked, carefully remove the pan from the machine. Use a potholder as the handle will be very hot. Let rest for a few minutes.
- 6. Remove the bread from the pan and allow to cool on a wire rack for at least 10 minutes before slicing.

# Nutrition per slice

Calories 158, fat 2.3 g, carbs 28 g, sodium 311 mg, protein 4.5 g

# **Potato Honey Bread**

Makes 1 loaf

#### Ingredients

16 slice bread (2 pounds)

- 1 cup lukewarm water
- <sup>2</sup>/<sub>3</sub> cup finely mashed potatoes, at room temperature
- 1 egg, at room temperature
- <sup>1</sup>/<sub>2</sub> cup unsalted butter, melted
- 2<sup>2</sup>/<sub>3</sub> tablespoons honey
- 1<sup>1</sup>/<sub>3</sub> teaspoons table salt
- 4 cups white bread flour
- 2¼ teaspoons bread machine yeast

#### 12 slice bread (1½ pounds)

- <sup>3</sup>/<sub>4</sub> cup lukewarm water
- 1/2 cup finely mashed potatoes, at room temperature
- 1 egg, at room temperature
- ¼ cup unsalted butter, melted
- 2 tablespoons honey
- 1 teaspoon table salt
- 3 cups white bread flour
- 2 teaspoons bread machine yeast

#### Directions

- 1. Choose the size of loaf you would like to make and measure your ingredients.
- 2. Add the ingredients to the bread pan in the order listed above.
- 3. Place the pan in the bread machine and close the lid.
- 4. Turn on the bread maker. Select the White/Basic setting, then the loaf size, and finally the crust color. Start the cycle.
- 5. When the cycle is finished and the bread is baked, carefully remove the pan from the machine. Use a potholder as the handle will be very hot. Let rest for a few minutes.
- 6. Remove the bread from the pan and allow to cool on a wire rack for at least 10 minutes before slicing.

#### Nutrition per slice

Calories 174, fat 4.8 g, carbs 28 g, sodium 262 mg, protein 4.3 g

# **Dry Fruit Cinnamon Bread**

Makes 1 loaf

### Ingredients

16 slice bread (2 pounds)

- 1<sup>2</sup>/<sub>3</sub> cups lukewarm milk
- <sup>1</sup>/<sub>3</sub> cup unsalted butter, melted
- <sup>2</sup>/<sub>3</sub> teaspoon pure vanilla extract
- <sup>1</sup>/<sub>4</sub> teaspoon pure almond extract
- <sup>1</sup>/<sub>3</sub> cup light brown sugar
- 1<sup>1</sup>/<sub>3</sub> teaspoons table salt
- 2 teaspoons ground cinnamon
- 4 cups white bread flour
- 1<sup>2</sup>/<sub>3</sub> teaspoons bread machine yeast
- <sup>2</sup>/<sub>3</sub> cup dried mixed fruit
- <sup>2</sup>/<sub>3</sub> cup golden raisins, chopped

12 slice bread (1½ pounds)

- 1¼ cups lukewarm milk
- 1/4 cup unsalted butter, melted
- <sup>1</sup>/<sub>2</sub> teaspoon pure vanilla extract
- 1/4 teaspoon pure almond extract
- 3 tablespoons light brown sugar
- 1 teaspoon table salt
- 2 teaspoons ground cinnamon
- 3 cups white bread flour
- 1 teaspoon bread machine yeast
- <sup>1</sup>/<sub>2</sub> cup dried mixed fruit
- <sup>1</sup>/<sub>2</sub> cup golden raisins, chopped

## Directions

- 1. Choose the size of loaf you would like to make and measure your ingredients.
- 2. Add all of the ingredients except for the mixed fruit and raisins to the bread pan in the order listed above.
- 3. Place the pan in the bread machine and close the lid.
- 4. Turn on the bread maker. Select the White/Basic or Fruit/Nut (if your machine has this setting) setting, then the loaf size, and finally the crust color. Start the cycle.
- 5. When the machine signals to add ingredients, add the mixed fruit and raisins. (Some machines have a fruit/nut hopper where you can add the mixed fruit and raisins when you start the machine. The machine will automatically add them to the dough during the baking process.)

- 6. When the cycle is finished and the bread is baked, carefully remove the pan from the machine. Use a potholder as the handle will be very hot. Let rest for a few minutes.
- 7. Remove the bread from the pan and allow to cool on a wire rack for at least 10 minutes before slicing.

# Nutrition per slice

Calories 193, fat 4.7 g, carbs 29.3 g, sodium 226 mg, protein 5 g

# **Beer Pizza Dough**

Makes 1 dough

#### Ingredients

16 pizza slices (2 pounds)

- $1\frac{1}{3}$  cups beer, at room temperature
- <sup>1</sup>/<sub>4</sub> cup olive oil
- 1<sup>1</sup>/<sub>3</sub> tablespoons sugar
- $1\frac{1}{3}$  teaspoons table salt
- 4 cups white bread flour or all-purpose flour
- 2 teaspoons bread machine yeast

#### 12 pizza slices (1½ pounds)

- 1 cup beer, at room temperature
- 3 tablespoons olive oil
- 1 tablespoon sugar
- 1 teaspoon table salt
- 3 cups white bread flour or all-purpose flour
- 1<sup>1</sup>/<sub>2</sub> teaspoons bread machine yeast

## Directions

- 1. Choose the size of dough you would like to make and measure your ingredients.
- 2. Add the ingredients to the bread pan in the order listed above.
- 3. Place the pan in the bread machine and close the lid.
- 4. Turn on the bread maker. Select the Dough setting and then the dough size. Start the machine.
- 5. When the cycle is finished, carefully remove the dough from the pan.
- 6. Place the dough on a lightly floured surface and roll to make a pizza crust of your desired thickness. Set aside for 10–15 minutes.
- 7. Top with your favorite pizza sauce, toppings, cheese, etc.
- 8. Bake in an oven at 400°F or 204°C for 15–20 minutes or until the edges turn lightly golden.

## Nutrition per slice

Calories 121, fat 3.1 g, carbs 21.2 g, sodium 146 mg, protein 3 g

\*\*These recipes and more can be found in Louise Davidson's *Bread Machine Cookbook: Quick and Easy Bread Machine Recipes*. To get your copy, click on the cover or click <u>here</u>.

