Delicious and Easy Italian Takeout Recipes

Mozzarella Sticks

Serves: 12 | Preparation Time: 10 minutes | Cooking Time: 5 minutes

Ingredients

- 1 cup Italian-style breadcrumbs
- 2 eggs
- 1 tablespoon milk
- 1 pound mozzarella cheese, cut into ¾-inch x 1¾-inch strips
- 1 cup vegetable oil
- Tomato sauce for dipping
- · Fresh basil for garnish

Directions

- 1. In a bowl, whisk the eggs and milk together.
- 2. Place the bread crumbs in another bowl, or on a tray.
- 3. Dip the cheese in the egg mixture first, then the bread crumbs.
- 4. Dip it in the egg mixture and then the bread crumbs a second time, making sure to coat the cheese evenly.
- 5. Heat the oil in skillet.
- 6. Fry the cheese until golden brown, about 1 minute on each side. Do not fry too long, or the cheese will leak.
- 7. Drain on paper towels.
- 8. Serve with tomato sauce and sprinkle with finely chopped basil.

Antipasto Salad

Serves: 4 | Preparation Time: 10 minutes

Ingredients

- 8 cups romaine lettuce heart, chopped
- ¼ pound Genoa salami, diced
- ¼ pound pepperoni, diced
- 2 cups giardiniera (Italian pickled vegetables), coarsely chopped
- 12 pitted black olives, coarsely chopped
- 12 jumbo green olives, pitted, coarsely chopped
- 1 (8 ounce) jar roasted red peppers, drained and diced
- 1 (6 ounce) jar marinated artichoke hearts, drained
- ¼ red onion, sliced into rings
- 2 tablespoons balsamic vinegar
- ¼ cup extra-virgin olive oil
- 1-2 tablespoons Italian Vinaigrette (optional)
- Salt, to taste
- Freshly ground pepper, to taste
- ½ cup Gorgonzola, crumbled (optional)

Italian Vinaigrette

- 1/₃ cup white wine vinegar
- ¾ teaspoon dried oregano
- ½ teaspoon dry mustard
- 1 teaspoon salt
- 1 pinch black pepper
- 1/8 cup red onion, finely chopped
- 1 ½ teaspoons garlic, minced
- ¾ cup olive oil

Directions

- 1. To make the vinaigrette, put all the ingredients, EXCEPT the olive oil, in a blender.
- 2. Pulse a few times and then blend, adding the olive oil a little at a time. Do not add the olive oil all at once.
- 3. Blend well and let it stand for 30 minutes.
- 4. To make the salad, combine the first 9 ingredients (through red onion) in a bowl.
- 5. Season with salt and pepper, and then drizzle with olive oil and balsamic vinegar and/or Italian Vinaigrette (optional).
- 6. Toss well. Garnish with crumbled cheese, if desired.

Fettucine Alfredo

Serves: 2-3 | Preparation Time: 5 minutes | Cooking Time: 15 minutes

Ingredients

- 1 (8 ounce) package fettucine, cooked according to packaging instructions and drained
- ¼ cup water, reserved from cooking pasta
- 3 tablespoons unsalted butter
- 1 small shallot, finely minced
- ½ cup heavy cream
- ¾ cup freshly Parmigiano-Reggiano or Parmesan, grated
- ¼ teaspoon salt
- Freshly ground black pepper, to taste

For garnish

- Fresh basil
- Parmigiano-Reggiano or Parmesan, grated

Directions

- 1. Melt the butter in a deep frying pan or heavy-bottomed pot over medium-high heat.
- 2. Sauté the shallots until tender (about 2 minutes).
- 3. Add the cream and bring to a low boil.
- 4. Reduce the heat to medium-low and simmer for 3 minutes.
- 5. Remove the pan from the heat and stir in the cheese, salt and pepper until smooth.
- 6. Add the cooked pasta and reserved pasta water to the sauce.
- 7. Return the pan to the stove over medium-high heat, and gently stir the pasta in the sauce to coat.
- 8. Garnish with Parmigiano-Reggiano and fresh basil, and serve.

Hawaiian Pizza

Serves: 8-12 | Preparation Time: 10 minutes | Cooking Time: 21 minutes

Ingredients

- 1 (15 inch) round of pizza dough
- 1¾ cups pizza sauce
- 2 cups shredded mozzarella cheese, divided
- 1 cup shredded Romano cheese, divided
- 1½ cups cooked ham, diced
- 1 cup pineapple tidbits, drained

Pizza Dough Ingredients

- 1 tablespoon sugar
- 1 ½ cups warm water (105°F)
- 1 (¼ ounce) packet active dry yeast (2 ¼ teaspoons)
- 3 tablespoons extra-virgin olive oil, plus more for brushing
- 3 ¾ cups all-purpose flour, plus more for dusting
- 1 ½ teaspoons salt

Directions

- 1. Preheat the oven to 425°F and grease a 15-inch pizza pan.
- 2. Press the dough into pan, building up the edges slightly.
- 3. Bake until lightly browned (about 6-8 minutes).
- 4. Spread the sauce, beginning from the center of the crust going outward in a circular motion, leaving half an inch of space around the edge.
- 5. Sprinkle with 1 \(^4\) cups of mozzarella and \(^1\)2 cup of Romano cheese.
- 6. Arrange ham and pineapple on top, and sprinkle with the remaining cheese.
- 7. Bake until the cheese is melted and the crust is golden brown (about 15 minutes).

To make the pizza dough

- 1. Dissolve the sugar in warm water, and add the yeast. Let it sit until the water becomes frothy (about 10 minutes). Stir in the olive oil.
- 2. In a large bowl, mix the flour and salt together.
- 3. Make a well in the center and pour in the yeast mixture.
- 4. Using a wooden spoon, mix until a rough dough is formed.
- 5. Place the dough on a floured surface and knead until it becomes smooth and elastic (about 5 minutes).
- 6. Prepare two bowls and brush them with olive oil.
- 7. Divide the dough in half as equally as possible (about 1 pound per piece).
- 8. Place each portion of dough in a prepared bowl, and brush the surface with oil.
- 9. Cover with plastic wrap and allow the dough to expand to double its size (about 1 hour and 30 minutes).
- 10. Roll out into desired shape and diameter. The dough may be covered with plastic wrap and stored, frozen, for 1 month.
- 11. If pre-baked crust is required, bake at 425°F until lightly browned (about 6-8 minutes).

Chicken Parmigiana

Serves: 4 | Preparation Time: 30 minutes | Cooking Time: 45 minutes

Ingredients

- 4 pieces boneless skinless chicken breast, pounded thin
- Salt and pepper
- 1 large egg, beaten with ½ tablespoon water
- ½ cup all-purpose flour
- 1 cup panko bread crumbs
- ¼ cup vegetable oil
- All-Purpose Tomato Sauce, recipe below
- 1 pound fresh mozzarella, thinly sliced
- ¼ cup freshly grated Parmesan
- Sliced green onion, for garnish
- · Fettuccini with tomato sauce for serving

All-Purpose Tomato Sauce

- 2 tablespoons olive oil
- 1 large onion, finely chopped
- 4 cloves garlic, smashed to a paste with a pinch of salt
- 2 (28 ounce) cans plum tomatoes, undrained, pureed in a blender
- 1 (16 ounce) can crushed tomatoes
- 1 (2 ½ ounce) can tomato paste
- 1 bay leaf
- ½ cup Italian parsley
- 1 small yellow bell pepper, chopped
- · Salt and freshly ground pepper

Directions

For the sauce

- 1. In a saucepan, heat the olive oil over medium heat.
- 2. Cook the onions and garlic until they are soft.
- 3. Add the pureed tomatoes with their juices, crushed tomatoes, tomato paste, bay leaf, parsley, and bell pepper, and bring it to a boil. Season to taste with salt and pepper.
- 4. Reduce the heat and cook until slightly thickened, about 30 minutes.
- 5. Let cool to room temperature and store, refrigerated, in jars.

For the chicken

- 1. Preheat the oven to 400°F (204°C).
- 2. Season the chicken with salt and pepper
- 3. Coat with flour and tap lightly to remove any excess.
- 4. Dip in the egg mixture and all any excess to drip off.
- 5. Coat evenly with bread crumbs.
- 6. In a skillet on the stovetop, heat the oil almost to the smoking point.
- 7. Brown the breasts on both sides (about 30-40 seconds per side).
- 8. Transfer the chicken to a baking sheet.
- 9. Top each chicken piece with 1-2 tablespoons of tomato sauce, slices of mozzarella and about 1 tablespoon of Parmesan.
- 10. Season with salt and pepper.
- 11. Bake until the chicken is cooked through and the cheese is melted (about 5 to 7 minutes).
- Garnish with green onion and serve over pasta with tomato sauce if desired.

***These recipes and more are found in Lina Chang's *Italian Takeout Cookbook: Easy Italian Recipes to Make at Home Including Pizza and Pasta*. To get your copy, click on the cover below or click here.

