## **Chicken Pie**

Chicken pie is another staple of British cuisine and can be found in many restaurants and households throughout the country. It is often considered comfort food and is a popular choice for Sunday roasts, as well as being a classic lunchtime option in pubs and cafes.

Serves 6 | Prep. time 30 minutes | Cooking time 1 hour



## Ingredients

- 3 pounds boneless, skinless chicken breast or thighs, cut into 1-inch pieces
- 2 large onions, chopped
- 4 cloves garlic, minced
- 2 carrots, peeled and diced
- 2 celery stalks, diced
- 1 teaspoon dried thyme
- 2 tablespoons all-purpose flour
- 1 cup chicken broth
- 1 cup heavy cream
- Salt and pepper, to taste
- 6 medium potatoes, peeled and diced
- 4 tablespoons unsalted butter
- 1/2 cup milk
- 1 egg yolk
- 2 (9-inch) pie crusts
- 1 egg, beaten

## Directions

- 1. Preheat oven to 375°F (191°C). Grease a 9-inch pie dish with butter or cooking spray.
- 2. In a large saucepan over medium heat, cook the chicken until browned, for about 8-10 minutes. Remove from heat and set aside.
- 3. In the same saucepan, cook the onions, garlic, carrots, and celery until softened, about 5 minutes.
- 4. Stir in the thyme and flour and cook for 1-2 minutes.
- 5. Slowly add the chicken broth and heavy cream, stirring constantly, until the mixture thickens.
- 6. Return the chicken to the saucepan and stir to combine. Season with salt and pepper to taste. Set it aside.
- 7. In a large saucepan, boil the diced potatoes in salted water until tender, about 12-15 minutes. Drain and mash the potatoes.
- 8. Add the butter, milk, and egg yolk to the mashed potatoes, and beat until smooth. Set aside.
- 9. To assemble to pie, place one pie crust onto the prepared pie dish.
- 10. Transfer the chicken mixture onto the pie crust and spread evenly.

- 11. Spoon the mashed potatoes over the chicken mixture, spreading evenly to cover the chicken mixture.
- 12. Roll out the other pie crust and place it over the top of the mashed potatoes.
- 13. Trim the edges of the pie crust and crimp to seal. Cut several slits in the top crust to allow steam to escape.
- 14. Brush the top of the pie with a beaten egg to create an egg wash.
- 15. Bake for 45-50 minutes, or until the crust is golden brown and the filling is hot and bubbly.
- 16. Allow the pie to cool for a few minutes before serving.

## Nutrition per serving

Calories 631, fat 35 g, carbs 48 g, sugar 3 g, Protein 29 g, sodium 506 mg

\*\*\*This recipe and more are found in Sarah Spencer's A *Taste of England: Traditional British Cooking Made Easy with Authentic Recipes*. To get your own copy, click on the cover below or click <u>here</u>.

